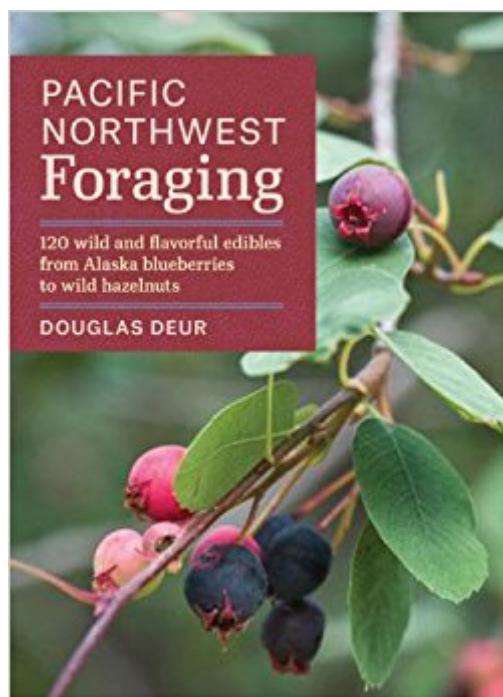


The book was found

Pacific Northwest Foraging: 120 Wild And Flavorful Edibles From Alaska Blueberries To Wild Hazelnuts (Regional Foraging Series)



Synopsis

The Pacific Northwest offers a veritable feast for foragers. The forests, meadows, streambanks, and even the weedy margins of neighborhoods are home to an abundance of delicious wild edible plants. Discover wild lilies with their peppery flowers, buds, and seeds and use them in your spring salads. Select sweet, succulent thistles or the shoots of invasive Himalayan blackberries and Japanese knotweed to add wonderful flavor to hearty soups.

Book Information

Series: Regional Foraging Series

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Customer Reviews

âœDoug Deur invites us to discover the taste and history of the Northwest.â•â "Spencer B. Beebe, author of Cache: Creating Natural Economies and founder of Ecotrust âœl came to the Pacific Northwest because of the endless bounty of ingredients to cook with. This book opens my eyes to even more of the regionâ™s edible wild treasures.â•â "Vitaly Paley, chef and owner ofâœPaleyâ™s Place, Imperial, and Portland Penny Diner âœPacific Northwest Foragingâ may change the way you see the world.â•â "Pacific Northwest Magazine

Douglas Deur, a lifetime Northwest forager and specialist in Native American plant traditions, shares his insights and experiences, showing you what to look for, when and where to look, and how to gather in a responsible way. A seasonal guide for foraging year-round. Detailed information for safe identification. Suggestions for sustainable harvesting. Tips on preparation and use.

This is just the book I was looking for! Beautiful, clear, full color photographs are present with each plant description. My kids and I found over 10 of these plants growing on our property. The author even includes ideas to repropagate the plants you like, as well as how to safely prepare them for eating. Buy it.

I bought this book because I got tired of telling my kids "Ummm... I don't know" when they asked me if something on one of our hikes was edible or not. The book is great: The pictures and descriptions are clear, the content is easy to read and informative, and the quality of the published product is high. I've used it on a handful of hikes and it has not disappointed.

Great in the pocket or day pack book for foraging. Was using another version that had only drawings, so the addition of color pics really pops. I'd call this a must have part of your library, and arguably the only thing you need in the field on any given day. Plenty of well defined and organized details, and a very usable system for sleuthing out your finds.

This is probably the best wild edibles book I've picked up, major bonus that it covers my region specifically. You can tell a great deal of knowledge and care went into this book, easily worth twice the price, If you live in the region or plan on visiting and you are looking at any other books, just stop and add this to your cart, you'll be happy you did! Thanks a million!

Excellent book of edibles for PNW. Features many useful plants as well as a few nominal edibles, but overall very practical for the region. We bought it for potential future travels, looking forward to putting it to use. Many of the edibles we can recognize from our region of New England, but we enjoy the different descriptions and narratives from Leda Meredith's book on New England Edibles.

A good reference book to use when moving to a new area to pick natures bounty.

absolutely AWESOME book to bring with you hiking/camping in the northwest, clear pictures and great information, we now have fresh veggies and berries to eat when we camp in the woods, and now bring a lot less food along. Turns out there is so many things to eat around that you could get fat in the wilderness, can't say enough good things about this book

Great book for outdoors people and survivalists

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